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A systematic review on the genetic analysis of paragangliomas: primarily focused on head and neck paragangliomas

Minireview

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Paragangliomas and pheochromocytomas are rare, mostly benign neuroendocrine tumors, which are embryologically derived from neural crest cells of the autonomic nervous system. Paragangliomas are essentially the extra-adrenal counterparts of pheochromocytomas. As such, this family of tumors can be subdivided into head and neck paragangliomas, pheochromocytomas, and thoracic and abdominal extra-adrenal paragangliomas. Ten out of fifteen genes that contribute to the development of paragangliomas are more susceptible to the development of head and neck paragangliomas when mutated. Gene expression profiling revealed that pheochromocytomas and paragangliomas could be classified into two main clusters (C1 and C2) based on transcriptomes. These groups were defined according to their mutational status and as such strongly associated with specific tumorigenic pathways. The influence of the main genetic drivers on the somatic molecular phenotype was shown by DNA methylation and miRNA profiling. Certain subunits of succinate dehydrogenase (SDHx), von Hippel-Lindau (VHL) and transmembrane protein 127 (TMEM127) still have the highest impact on development of head and neck paragangliomas. The link between RAS proteins and the formation of pheochromocytomas and paragangliomas is clear due to the effect of receptor tyrosine-protein kinase (RET) and neurofibromatosis type 1 (NF1) in RAS signaling and recent discovery of the role of HRAS. The functions of MYC-associated factor X (MAX) and prolyl hydroxylase 2 (PHD2) mutations in the contribution to the pathogenesis of paragangliomas still remain unclear. Ongoing studies give us an insight into the incidence of germline and somatic mutations, thus offering guidelines for early detection. Furthermore, these also show the risk of mistakenly assuming sporadic cases in the absence of definitive family history in head and neck paragangliomas.

Key words: head and neck paraganglioma, somatic mutation, germline mutation, SDH, VHL, TMEM127

Paragangliomas and pheochromocytomas (PPCs) are rare, mostly benign vascular neuroendocrine tumors of paraganglial cell clusters, which are embryologically derived from neural crest cells that have comigrated with autonomic nervous system. These tumors can be associated with either the sympathetic tissue in adrenals as pheochromocytomas (PHEOs) and extra-adrenal locations as sympathetic paragangliomas (sPGLs) or the parasympathetic tissue of the head and neck as head and neck paragangliomas (HNPGLs) [1]. PHEOs have the highest relative incidence. Second most common are HNPGLs, which are the subject of this review. HNPGLs with estimated incidence of $1-30/100\,000$ per year represent about 3% of all head and neck tumors [2]. These tumors may occur at any age, although vast majority of patients become symptomatic between fourth and seventh decade of life. There is a 3-4:1 female predominance [3].

Nomenclature of HNPGLs is based on the site of origin. Carotid paragangliomas (also known as carotid body tumors) represent the most common type [4–6]. Other frequently detected HNPGLs are tympanic, jugular and vagal paragangliomas [7–9]. Facial nerve, orbital, sinonasal, parotid gland, cervical sympathetic chain, laryngeal, esophageal, thyroid and parathyroid paragangliomas are extremely rare [3, 10–13].

Symptoms of HNPGLs depend on the site and extent of the tumor. According to the site of origin, patients can present with a range of symptoms from painless, slowly enlarging neck mass to lower cranial nerves and sympathetic trunk deficits. HNPGLs are usually slow growing tumors that are benign in the majority of cases although malignancy rates up to 10% have been reported. However, there are no accepted histopathological or immunohistochemical criteria for the diagnosis of malignant paragangliomas. The only evidence of a malignancy is the presence of local or distant metastases (that is, presence of paraganglial cells in non-neuroendocrine tissue). Rinaldo et al. reviewed the literature and reported the highest malignancy rate for sinonasal paragangliomas (24%), followed by vagal tumors (10%), jugulotympanic paragangliomas (5.1%), carotid paragangliomas (1.41%) and laryngeal paragangliomas (1.36%) [14].

Hereditary PPCs

PPCs can occur sporadically or as a part of hereditary syndromes [7, 15-17]. Hereditary tumors can be suspected in case of familial antecedents of the disease, multiple tumors and early onset of the disease. Sporadic tumors are usually diagnosed in patients older than 40-50 years [18]. Until recently, only 10% of PPCs were associated with hereditary syndromes namely von Hippel-Lindau disease, multiple endocrine neoplasia type 2, and neurofibromatosis type 1, resulting from a germline mutation in the tumor suppressor gene von Hippel-Lindau (VHL) [19], proto-oncogene RET [20] and tumor suppressor gene neurofibromatosis 1 (NF1) [21] respectively. Tumors associated with these syndromes are predominantly pheochromocytomas. Since the beginning of the 21st century, it has become apparent that about 35% of sporadic PPCs are due to a germline mutation in one of susceptible genes [7, 22]. These are as follows the four subunits of the succinate dehydrogenase (SDHx) complex (e.g. SDHA, SDHB, SDHC, SDHD) [23-26], succinate dehydrogenase complex assembly factor 2 (SDHAF2), VHL [19], protooncogene RET [20], NF1 [21], transmembrane protein 127 (TMEM127) [27], MYC-associated factor X (MAX) [28] and the recently discovered fumarate hydratase (FH) and malate dehydrogenase 2 (MDH2) [29]. In addition, germline and also somatic mutations of other genes were reported [30], namely kinesin family member 1B (KIF1b) [32], EGLN1/ prolyl hydroxylase 2 (PHD2) [32], isocitrate dehydrogenase 1 (IDH1) [33], hypoxia-induced factor 2 alpha (HIF- 2α) [34] and Harvey Retrovirus-associated DNA sequences (HRAS) [35].

Hereditary factors and tumorigenesis

It should be noted that over the last few years, several large-scale genomic analyses have been conducted world-

wide on independent series. These include comparative genomic hybridization and single nucleotide polymorphism (SNP) array, mRNA and microRNA expression studies [36] as well as methylation profiling [37, 38]. These approaches have led to the description of well-defined tumor subtypes and their corresponding tumorigenic pathways [39]. Gene expression profiling revealed that PPCs could be separated by unsupervised analysis into two main clusters: cluster 1 (C1) and cluster 2 (C2) based on transcriptomes [1, 40-43]. DNA methylation and miRNA profiling showed a major influence of the main genetic drivers on the somatic molecular phenotype [29, 36-38]. Cluster 1 can be further subdivided into C1A and C1B. In C1A, DNA and histone hypermethylation is observed in SDHx, fumarate hydratase (FH) and malate dehydrogenase 2 (MDH2) gene linked tumors [44, 45]. Whilst in C1B, glycolysis is activated in VHL related tumors, HIF-2a and PHD2 [34, 39, 43, 44]. Germline or somatic mutations in this cluster were characterized by transcription signatures indicating reduced oxidoreductase activity, and thus increased angiogenesis and hypoxia [44, 46]. According to the Knudson's two-hit theory, heterozygous germline mutations in SDHx tumor suppressor genes are usually associated with somatic loss of the non-mutant allele in the tumor (i.e. loss of heterozygosity). This results in inactivation of SDH enzymatic activity and thereby accumulation of succinate, which acts as an inhibitor of prolyl hydroxylase (PHD) enzymatic activity. PHDs represent enzymes crucial for the degradation of HIF. As a consequence, even in the presence of oxygen, HIF cannot be degraded via proteasomemediated degradation driven by VHL protein. It is stabilized to induce angiogenesis and tumorigenesis [30, 46]. The latter also happens in VHL mutations. Interestingly, Letouze et al. have recently described a hypermethylator phenotype in SDH-related paragangliomas. These tumors accumulate succinate, which inhibits 2-oxoglutarate-dependent histone and DNA demethylase enzymes, resulting in epigenetic silencing, thereby affecting neuroendocrine differentiation [1, 37]. The gene expression signatures of Cluster 2-related tumors include genes that mediate translation initiation, protein synthesis, adrenergic metabolism, neural/neuroendocrine differentiation and abnormal activation of kinase signaling pathways, such as RAS/RAF/MAPK and PI3K/ AKT/mTOR. The genes in C2 are namely RET protooncogene, NF1, TMEM127 [27], MAX and HRAS [44].

Cluster 1

Succinate dehydrogenase (SDH) mutations – according to chronological order.

SDHD - paraganglioma syndrome type 1

The discovery of SDHD mutations in families with paraganglioma syndrome type 1 (PGL1) was in 2000. This led to understanding of the molecular mechanism of paragangliomas inheritance [23]. Baysal et al. also revealed, in their study, that germline mutations in the SDHD gene are located at 11q23.18 [23]. Later in 2009, Pasini and Stratakis extensively reviewed 95 international manuscripts on SDHx mutations comprising a total of 395 SDHD mutation carriers [47]. Since then, several other large patient case series have also been reported, describing the genotype-phenotype correlation of SDHD mutations [18, 48, 49]. Multiple tumors are a key feature of this syndrome and can be seen in 60% to 79% of affected patients. They can be either synchronous or metachronous. HNPGLs affect about 91–98% of patients with PGL1 [7, 18, 30, 47, 48, 50]. The risk of developing sympathetic paragangliomas is 16% to 60% [7, 18, 48]. SDHD mutations are common in HNPGLs, which are vastly biochemically silent [51], that is, with the exception of 20% that secrete dopamine and/or its metabolite methoxy-tyramine. This can be useful for monitoring these patients [51].

The inheritance pattern in this syndrome is also of significant interest. It was observed that PGL1 families exhibit a peculiar inheritance pattern with a distinct "parent-of-origin dependent effect" [52]. Although SDHD mutations can be inherited both via the maternal and paternal lines, paragangliomas almost never develop after maternal transmission of the mutation [7, 30, 53-55]. As maternally derived SDHD mutation carriers will still pass the mutation to their offspring in 50% of cases, PGL1 can skip generations. This may in part explain the occurrence of SDHD germline mutations in apparent nonfamilial cases. Furthermore, an individual who inherits a SDHD pathogenic variant from his/her father is at high risk of manifesting paragangliomas and, to a lesser extent, pheochromocytomas [16]. Imprinting of SDHD has never been established, and the fact that this inheritance pattern is also found in PGL2 families (linked to the SDHAF2 gene, located on 11q13), but not in PGL3 or PGL4 families, suggests that other factors related to chromosome 11 lead to this phenomenon [7]. Neumann et al. first published data on age-related penetrance in SDHD mutation carriers in 2004 [56]. SDHD mutations showed 50% penetrance by age 31 rising to 86% by the age of 50. In a study by Hensen et al. done in 2009, age-related penetrance in patients with SDHD was 54% by age 40 and 87% by age 70. The average range of age at diagnosis of SDHD-linked tumors was 25 to 38 years [57]. HNPGLs affect about 40% of patients with PGL1 with median age at the time of diagnosis being 40 years [7, 37, 51]. Pheochromocytomas that affect about half of the PGL1 patients present at earlier age than HNPGLs [7]. van Hulsteijn et al. presented a systematic literature review and metaanalysis in 2012 on the risk of malignant paragangliomas in SDHD mutation carriers. Their findings showed that the prevalence of malignant tumors varied widely, ranging from 0% to 23%. The pooled incidence for malignant paragangliomas was 8% in SDHD mutation carriers [58].

SDHC - paraganglioma syndrome type 3

Paraganglioma syndrome type 3 (PGL3) is associated with mutations of SDHC, located on chromosome 1q21 [25,

59]. In contrast to patients with PGL1 and PGL4, SDHC mutation carriers mostly present with single HNPGLs. Multiple HNPGLs are found only in about 19% to 31% of patients. Pheochromocytomas, extra-adrenal paragangliomas including malignant tumors are rarely reported [18, 48, 60-62]. In comparison to PGL1 and PGL4, PGL3 is a rare disease [18, 48, 63]. Two large series of patients consisting of 598 and 445 patients with HNPGLs presented by Neumann et al. and Burnichon et al. have shown similar prevalence of 3.6% and 4.3% for SDHC mutations, respectively [18, 48]. However, risk of developing HNPGLs with PGL3 is almost 100% [7, 62, 63]. Family history is positive in the minority of patients with SDHC mutations (12% to 25%), suggesting a low tumor penetrance [48]. The average age at diagnosis is higher than for the other syndromes (ranging from 38 to 46 years) [62].

SDHB - paraganglioma syndrome type 4

Syndrome associated with mutations of SDHB gene, located on chromosome 1p36.13, was designated as paraganglioma syndrome type 4 (PGL4) [24, 59]. Patients with SDHB mutations frequently develop sPGLs (52% to 84%) and PHEOs (18% to 28%). Extra-adrenal sympathetic paragangliomas have long been known to have a greater predisposition to malignancy than PHEOs and HNPGLs [64]. It is not clear whether this effect is the result of location, variant status, or both [65]. The risk of developing HNPGLs in PGL4 is 27% to 31% [18]. Multifocal HNPGLs are significantly less frequent (in 8%) [7, 18, 47, 66]. The estimated age-related tumor penetrance in SDHB mutation carriers is 29% at age 30 rising to 45% at age 40 [50]. HNPGLs usually present later compared to PHEOs and sPGLs during the course of this syndrome.

Mutations of SDHB were associated with malignant PHEOs and HNPGLs in 20.6–41% cases [7, 18, 47, 66]. It has also been shown that patients with a germline SDHB pathogenic variant can develop malignant PPCs at any site [43, 50, 56, 67, 68]. The systematic literature review and meta-analysis done by van Hulsteijn et al. on the risk of malignant tumors in SDHB and SDHD mutation carriers, revealed a pooled incidence of 17% in the SDHB group. The pooled risk in prevalence studies, ranged from 13% to 23% in the SDHB group [58]. Furthermore, multivariate analysis of a series of 54 patients done in France for malignant PPCs demonstrated that identification of SDHB mutation was the only risk factor for mortality. The 5-year survival probability was 36% for patients with SDHB mutation [67].

SDHAF2 - paraganglioma syndrome type 2

The susceptibility gene for paraganglioma syndrome type 2 (PGL2) was identified in 2009 [69] and located on chromosome 11q13.1 [7]. SDHAF2 affects flavination of SDHA. A

follow-up multicenter study was undertaken in Spain and the Netherlands with the joint aims of identifying new mutation carriers and assessing the frequency of SDHAF2 mutations amongst 443 sporadic PPCs. It became clear that mutations in this gene make a very modest contribution to the overall genetic burden in these syndromes. All currently affected mutation carriers were identified to be affected exclusively with HNPGLs [45]. Only one additional SDHAF2-related family was identified in Spanish patients, which interestingly carried the exact mutation, p.Gly78Arg, previously discovered in the Netherlands. A familial relationship to the Dutch kindred was excluded [45, 55, 70]. The same study also concluded SDHAF2 mutation analysis is justified in very young patients with isolated HNPGL without mutations in SDHD, SDHC, or SDHB, and in individuals with familial antecedents who are negative for mutations in all other risk genes. Interestingly, the Dutch kindred with PGL2 showing frequent occurrence of HNPGL, was collected in Netherlands over a 30-year period [71]. This family was originally described in 1981 [70]. Over 30 years, in 3 generations, 72 living family members were traced and linkage analysis was carried out in 57 members. The findings associated with the same mutation were age at diagnosis below 40 years, 100% affected at age 50, 100% with HNPGLs and 91% with multifocal tumors [71]. So, the risk of developing HNPGLs with PGL2 is close to 100% [14, 18, 30, 33, 45, 70, 71].

SDHA – paraganglioma syndrome type 5

In 2010, the mutation in the gene of the final subunit in the mitochondrial complex, SDHA, located on chromosome 5p15 was linked to PPCs [26]. Although HNPGLs have been detected with mutations in SDHA, the risk of developing such tumors remains unknown [59].

Fumarate hydratase (FH) and malate dehydrogenase 2 (MDH2)

FH and MDH2 are two enzymes belonging to the tricarboxylic acid cycle [39]. The incidence of FH mutation in PPCs is estimated at about 1%. Mutations in FH predispose to hereditary leiomyomatosis and renal cell carcinomas. Interestingly, about 40% of cases carrying germline FH mutation presented a metastatic paragangliomas [29, 39]. Only one germline MDH2 mutation has been identified in a patient with multiple malignant PPCs [39]. However, cases of HNPGLs were not detected.

von Hippel-Lindau (VHL)

von Hippel-Lindau syndrome is caused by inactivation of the tumor suppressor gene VHL located on chromosome 3p25-p26 [19, 59, 72]. The VHL protein regulates the activity of hypoxia-inducible factor-alpha (HIF- α) and cellular processes, including angiogenesis. VHL syndrome is characterized by a predisposition to multiple tumor types. It can be classified according to the risk of developing PPCs. VHL type 1 patients are predisposed to retinal angiomas, central nervous system hemangioblastomas and renal carcinomas. VHL type 2, specifically subtype 2C, predisposes patients to PPCs without any type 1 tumors. The age of onset of PPCs in patients affected by von Hippel-Lindau syndrome is approximately 30 years [30, 73]. The rate of *de novo* mutations is approximately 20% [15]. One study detected somatic mutations of the VHL gene in about 14% of sporadic PPCs [44]. The prevalence of hereditary HNPGLs in patients with VHL mutation is reported to be 0.5% [72, 74].

Hypoxia-inducible factor 2-alpha (HIF-2α)

In 2012, novel somatic mutations in the gene encoding HIF-2a in 2 patients were identified in Bethesda. One presented with paraganglioma and the other with paraganglioma and somatostatinoma, both of whom had polycythemia [34]. The existence of a new syndrome (potentially to be named Pacak-Zhuang syndrome) was confirmed in 4 female patients of different ethnicities [75, 76]. Locus of this gene is 2p21-p16 [59]. These patients were found to have polycythemia either at birth or in childhood together with multiple paragangliomas and somatostatinomas. Hypoxiainducible factors are transcription factors controlling energy, iron metabolism, erythropoiesis, development, glycolysis and other cell functions. HIF-2a mutations were found to disrupt prolyl hydroxylation. This results in a failure of HIF-2α ubiquitylation and it's degradation. Thus, the longer half-life of the mutant protein results in the upregulation of downstream targets (endothelin-1, erythropoietin, glucose transporter 1 or vascular endothelial growth factor). This is currently believed to be the pathogenic mechanism that leads to tumor development [34]. Interestingly only one patient on a follow up ¹⁸F-DOPA PET/CT presented with jugular paraganglioma [75], otherwise no other HNPGLs have been reported.

Prolyl hydroxylase domain-containing protein 2 (PHD2)

The product of the PHD2 gene is a prolyl hydroxylase that is known to function in hydroxylation of hypoxia-inducible factor alpha and thus function in the cells response to hypoxia [83]. So far only one study described a patient with erythrocytosis and abdominal paragangliomas who was found to harbor a mutation in the PHD2 gene [32].

Cluster 2

Receptor tyrosine-protein kinase (RET) proto-oncogene

The RET protein is a receptor tyrosine kinase that regulates cellular proliferation and apoptosis. It is located on chromosome 10q11.2 [7]. RET mutations have been associated with increased activation of PI3K/v-Akt signals and RAS/RAF/

MAPK signaling pathways [59]. This leads to the development of multiple endocrine neoplasia type 2 (MEN2). Patients with MEN2 are usually first diagnosed with medullary thyroid cancer (MTC), which is the most common condition in these patients. MEN2 is further subdivided into three categories: MEN2A, MEN2B and familial MTC (FMTC). MEN2A accounts for approximately 90% of cases. Patients with MEN2A and MEN2B have 100% chance of developing MTC. MEN2 patients have also a 30-50% chance of developing pheochromocytoma. Patients with FMTC do not have a risk of developing PHEOs [6]. Both somatic and germline mutations of RET have been reported [15]. Due to the strong family history, carriers can be detected at an early age. Only one study detected somatic mutations of the RET gene in about 14% of sporadic PPCs [44]. Interestingly HNPGLs have only been described in 3 patients with MEN2. It should be noted that HNPGLs do not develop without other MEN2-associated manifestations [74].

Neurofibromatosis type 1 (NF 1)

NF1 gene encodes a GTPase activating protein, involved in multiple signaling cascades important to cellular growth and differentiation. It is located on chromosome 17q11.2 [59, 78]. Mutations of the gene lead to the neurofibromatosis type 1 syndrome (NF1) [77–79]. Hallmark of NF1 are multiple skin neurofibromas, cafe-au-lait spots, axillary freckling and Lisch nodules of the iris [7]. In addition, other tumors such as MTCs and carcinoids can also be seen [15]. However, the rate of PHEO/PGL development in NF1 is significantly lower than in VHL or MEN2 syndromes. Recently, somatic NF1 mutations have been linked to the pathogenesis of apparently sporadic PPCs [78]. Initially in 1987, 1 patient with NF1 syndrome was reported to have HNPGL [80]. But in recent times, large international analyses have not revealed any association with HNPGLs [18, 80].

Transmembrane protein 127 (TMEM127)

TMEM127 is a tumor suppressor gene located on chromosome 2q11.2 [59]. Mutations of TMEM127 have been related to PHEOs. These show transcriptional profile similar to NF1 and RET related tumors. However, neither RAS activation nor AKT phosphorylation were observed. It has been shown that the mammalian target of rapamycin complex 1 (mTORC1) is specifically affected by TMEM127 knockdown, leading to increased phosphorylation of targets of mTORC1 [27, 59]. Genetic studies of PPC patients indicate a low prevalence of TMEM127 mutations (approximately 2%) [27, 82]. A unique finding in these patients is the older average age (42 years) at presentation, which is similar to sporadic cases. In most cases, mutation carriers suffered from PHEOs only (unilateral as well as bilateral tumors) and secreted a high level of metanephrines. Only one patient with bilateral carotid paragangliomas was reported [27, 72, 81].

MYC-associated factor X (MAX)

In 2011, MAX was identified as a new pheochromocytoma tumor suppressor gene in three independent patients with familial antecedents of the disease [28]. The protein encoded by the MAX gene is a member of the basic helix-loop-helix leucine zipper (bHLHZ) family of transcription factors. It is located on chromosome 14q23.3. MAX mutations are associated with bilateral PHEOs and show apparent paternal transmission of the disease [28]. In a large international study, it was confirmed that MAX germline mutations are responsible for PPCs in 1.12% of cases. Somatic mutations in MAX were found in 1.65% of cases [82]. No HNPGLs were reported till now.

Harvey Retrovirus-associated DNA sequences (H-RAS)

Constitutive RAS signaling is known to increase cell proliferation and induce tumor formation in several cancers [84]. This is located on chromosome 11p15.5 [85]. Genetic mutations of NF1 and RET are known to affect RAS signaling and are associated with the formation of PPCs. However, association of RAS mutation itself with PPCs was reported in a series of 4 male patients (3 presenting with PHEOs and 1 with sPGL) in 2013 [40, 85].

Considerable progress has been made in the genetics of paragangliomas over the last few years. Before 2000, only one genetically determined form of the disease was thought to exist, but it has now been shown that about 30% of paragangliomas are genetically determined due to the presence of mutation in one of the 15 susceptibility genes identified to date. Only 10 of these genes have been related to HNPGLs (Table 1).

Growing understanding has led to changes in the management of our patients. It is now well established that all patients with a hereditary form of paragangliomas require genetic counseling and management by a specialized multidisciplinary team comprising surgeons, radiologists, nuclear medicine physicians, endocrinologists and geneticists. Multiple tumors, positive family history, age at diagnosis less than 40 years, presence of carotid body tumor as well as bilateral presentation should be considered hallmarks of germline mutations in HNPGLs [17, 18, 48, 85, 86, 87]. The clinical presentation including location of all type of tumors, multifocality as well as malignancy varies vastly with the gene mutated. Germline mutations in SDHA and SDHC are associated with HNPGLs and sympathetic paragangliomas. SDHAF2 mutations are associated with HNPGLs. SDHD and SDHB mutations are associated with HNPGLs, sPGLs and PHEOs, whilst TMEM127 and MAX with PHEOs [30]. SDHB mutations are generally associated with a higher incidence of malignant tumors compared to mutations in other SDHx genes [1]. Furthermore, germline mutations in SDHx also occur in around 30% of HNPGLs that are regarded sporadic due to the absence of a family history [88], suggesting that these HNPGLs may be "occult familial" cases

				Cluster 1					Cluster 2	
Gene	SDHD	SDHAF2	SDHC	SDHB	SDHA	THA	HIF-2a	RET	NFI	TMEM127
Locus	11q.23	11q13.1	1q21	1p36.13	5p15.33	3p25.3	2p21-p16	10q11.2	17q11.2	2q11.2
Protein Function	structural subunit of the mito- chondrial protein complex II (SDH)	mitochondrial assembly factor for complex II	structural subunit of the mitochondrial protein com- plex II (SDH)	core subunit of the mitochon - drial protein complex II (SDH)	core subunit of the mitochon- drial protein complex II (SDH)	regulates HIF1a and HIF2a proteasomal degradation	transcription fáctor of the bHLH-PAS protein family	transmem- brane tyrosine kinase receptor for extracel- lular signal molecules of the GDNF	inhibits the GTPase HRAS and disrupts the RAS signal- ing pathway	probable role in endosomal trafficking and mTOR regula- tion
Syndrome	PGL1	PGL2	PGL3	PGL4	PGL5	VHL	paraganglioma- somatostatin- oma-polycy- themia	Sipple	NF1	NA
DI MIM	168000	60650	605373	115310	614165	193300	611783	171400	162200	613903
Inheritance	AD PI	AD PI	AD	AD	AD	AD/somatic	Somatic	AD PI	AD	AD
HNPGLs	High	High	Medium	Medium	Low	Very Low	Very Low	Very Low	Very Low	Very Low
Other PGLs	Medium	NA	Low	High	Low	Low	Medium	NA	NA	Variable
Multiple PGLs	High	Medium	Low	Medium	NA	Variable	Medium	None	None	None
Associated PHEOs	Low	None	Variable	Medium	None	High	Low	Medium	Low	High
Malignancy risk	Low	NA	Low	High	NA	Low	NA	Low	High	Low
Relative Germline mutation	High	Low	Medium	High	Medium	High	Low	High	Medium	Low
frequency Somatic	NA	NA	Low	High	NA	High	High	High	Very High	NA
Other features	GIST, rarely papillary thyroid cancer	GIST	GIST	GIST rarely re- nal cell cancer	NA	CNS and eye hemangio- blastomas, clear cell renal cancer, islet cell tumors	somatostatino- ma, polycythe- mia	medullary thyroid cancer, pituitary adenoma	café-au-lait spots, Lisch nodules, neurofibromas	NA

GIST: gastrointestinal stromal tumor; bHLH-PAS: basic helix-loop-helix-PER-ARNT-SIM; GDNF: glial cell line-derived neurotrophic factor; mTOR: mammalian target of rapamycin

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[89]. It should be mentioned that somatic mutations in other genes could be detected in another 30% of sporadic HNPGLs, mainly involving RET, VHL, NF1, HRAS and HIF2 α [34, 40, 90–92].

If PPCs are found without any syndromic or familial presentation, metastatic tumors should be tested for SDHB mutations. Multiple abdominal paragangliomas should be first tested for the presence of SDHB mutations and female patients with multiple paragangliomas associated with somatostatinomas, should be first tested for HIF2a mutations [85]. Furthermore, results support the fact that if patients are suspected of hereditary HNPGLs, they should undergo genetic testing first at the SDHD and SDHB loci, unlike familial paragangliomas at other sites, which are also associated with VHL and RET mutations [86]. Various recommendations have been suggested regarding early detection of mutations depending on family history, tumor site, character and location, multiplicity and presence of metastasis. However, the rarity of HNPGLs makes diagnosis and treatment a challenge.

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